



Pulsar Fatigue Risk Management Policy and Training Package

This program is designed to help operators assess the appropriateness of their crew rest and maximum utilization policies; refine those policies (if needed) for best alignment with industry best practices and guidelines; and deploy meaningful and convenient fatigue awareness and management training to all organizational members. ***Users of this package receive these two services:***

Fatigue Risk Management Policy Review

Pulsar's experts will review your policies and procedures regarding fatigue risk management. A teleconference with the safety manager or other organizational leaders will follow to discuss findings and recommendations. A confidential report outlining any recommendations to optimally align with FSF, IS-BAO, and/or FAA guidelines is provided.

Webinar-based Fatigue Awareness and Management Techniques Training

A live-via-web Fatigue Risk Training Webinar provided by Pulsar Informatics will be scheduled at a mutually agreeable time between Pulsar Informatics and the operator. The session will be recorded and a link to the recording will be provided so the operator can review it later or deploy the training to personnel who could not attend the live session. Webinar topics will include:

1. What is fatigue risk management?
2. Likely fatigue hot spots in flight operations and background into causal factors.
3. Fatigue mitigation strategies and examples.
4. Overview of tools and procedures for managing fatigue on and off duty.

It will be necessary to assemble and send Pulsar Informatics copies of your standing policies that address crew rest and maximum utilization factors for workers in your organization.

- These policies may all be in one place in a General Company Operations Manual, or might be in several locations, such as in a Fatigue Risk Management manual, human relations policies, or maintenance handbook. Only the relevant sections that address fatigue, crew rest requirements, and maximum permitted worker utilization factors need to be sent.
- The intent is *not* to rework your policies and then send them in to be "graded." Rather, this program offers the benefit of having an expert with an external viewpoint review your existing policies to see if they are clear, comprehensive and aligned with current recommended practices. Any suggestions for improvement will be provided, but ultimately your policies are just that. There is no mandate to revise policies based on review findings.
- Pulsar Informatics will not share your policy documents or the findings of their review with anyone else.

For more information or to enroll, please email Paul Ratte, USAIG's Aviation Safety Programs Director at—safety@usaig.com—or call 212.859.3856



Founded in 2001, Pulsar Informatics, Inc. develops state-of-the-art technology for assessing behavioral alertness in research and operational settings. Their tools help individuals and organizations achieve peak performance and reduce fatigue-related risk.